



Breakfast

PLANT-BASED FOOD

Toastie £6.95

Toasted sourdough bread with smoked aioli, sliced tomato, viola cheese and oregano

Allergens: Gluten, Nuts, Mustard

Banana Porridge £7.25

Gluten free oat, banana, pecans, cinnamon maple syrup and almond milk

Allergens: Nuts

Scrambled Muffin £8.95

Scrambled muffin made of smoked tofu, cheese sauce and chives

Allergens: Gluten, Celery, Soya, Sulphites

Avocado & Beetroot Houmous Toast £11.45

Gently smashed avocado with chilli, lemon & beetroot houmous on toasted sourdough

Allergens: Gluten, Sesame

Fluffy Chocolate Pancakes £11.95

Fluffy pancakes topped up with chocolate and coconut sauce, banana, whipped cream & strawberries

Allergens: Gluten, Soy

Morning Scrambled (Gluten free option) £14.95

Scramble ackee with herbs roasted datterini tomatoes, mushrooms, spinach and peppers with toasted sourdough

Allergens: Gluten

Open Burrito £15.95

Tortilla with Ackee, black beans, red rice, tomato, chilli, onions, peppers, garlic, coriander and sour cream

Allergens: Gluten, Nuts, Sulphites

Wulf Breakfast £15.95

Toasted sourdough bread with scrambled tofu, mushrooms, beans, tomato, vegan sausage and hash browns

Allergens: Gluten, Soy, Sulphites

Prosecco £8.95

Mimosa £9.95

Bloody mary £10.95

Wraps

Tex Mex Wrap £7.95

Black beans, avocado, sweet corn, baby gem, datterini tomatoes, red onion, red pepper in a coriander cashew cream dressing.

Allergens: Soya, Gluten, Nuts

Tempeh Wrap £8.95

Tempeh, sticky sauce, spinach, tomato and spring onion

Allergens: Gluten, Celery, Sesame, Soy

Sides

Avocado £4.50

Bread with Olive oil & Balsamic £4.95

Allergens: Gluten (LG Optional)

Kimchi Allergens: Soya £5.95

Pastries & Cakes

Chocolate Cookie (Gluten, Soy) £2.95

Plain Croissant (Gluten, Soy) £2.95

Chocolate Croissant (Gluten, Soy, Nuts) £3.50

Pecan Danish (Gluten, Soy, Nuts) £3.50

Brownie (GF) (Sesame, Soy) £5.50

Strawberry Vanilla Cupcake (Gluten, Soy) £5.99

Banana Maple Pecan (Gluten, Soy) £5.99

Apple & Cinnamon Muffin (Gluten, Soy, Nuts) £5.99

Carrot Cake (Gluten, Soy, Nuts) £6.95

Red Velvet (Gluten, Soy, Nuts) £6.95

Choc Salted Caramel Cake (Gluten, Soy, Nuts) £7.50

Juices

Tomato Juice £5.25

Apple Juice £5.25

Orange juice £5.25

Cranberry juice £5.25

Berry Boost £5.75

Strawberry, Apple, Lemon, Mint

Clean Carrot £5.75

Carrot, Orange, Apple, Ginger

Super Ginger £5.75

Ginger, Apple, Lemon

Banana Oat Milkshake £6.25

Banana, Mango, Oat milk

Berry Smoothie / Green Smoothie £6.25

Blueberry Banana
Raspberry Avocado
Strawberry Mango
Banana Apple
Lime Lemon
Coconut Milk Spinach

Coffees & Teas

Single espresso £2.70

Double espresso £3.30

Americano £2.90

Macchiato £2.95

Double macchiato £3.50

Cortado £3.50

Latte £3.80

Chai latte £4.25

Turmeric latte £4.25

Cappuccino £3.80

Flat white £3.80

Hot chocolate £4.00

Matcha latte £4.50

Mocha £4.40

Iced americano £3.25

Iced latte £4.50

Iced mocha £4.95

Caramel syrup £0.75

Vanilla syrup £0.75

English breakfast £3.85

Jasmine *

Organic green tea *

Blackcurrant hibiscus *

Peppermint *

Camomile *

Earl grey *

Matcha green tea £4.25

Please let us know about any dietary requirements and we'd be happy to help. As our dishes are prepared in a kitchen where gluten, nuts products are present, there might be some cross contamination. A discretionary service charge of 12% will be applied to your bill.