



# Breakfast

PLANT-BASED FOOD

## Toastie

£6.75

Toasted sourdough bread with smoked aioli, sliced tomato, viola cheese and oregano

Allergens: Gluten, Nuts, Mustard

## Banana Porridge

£7.50

Gluten free oat, banana, pecans, cinnamon maple syrup and almond milk

Allergens: Nuts

## Harissa Scrambled Muffin

£8.95

Scrambled muffin made of smoked tofu, cheese sauce, harrisa and chives

Allergens: Gluten, Celery, Soya, Sulphites

## Avocado & Beetroot Houmous Toast

£11.45

Gently smashed avocado with chilli, lemon & beetroot houmous on toasted sourdough

Allergens: Gluten, Sesame

## Fluffy Chocolate Pancakes

£11.45

Fluffy pancakes topped up with chocolate and coconut sauce, banana, whipped cream & strawberries

Allergens: Gluten, Soy

## Omelette Breakfast

£12.50

Chickpeas based omelette with beans and a salad garnish

Allergens: Gluten

## Morning Scrambled (Gluten free option)

£14.95

Scramble ackee with herbs roasted datterini tomatoes, mushrooms, spinach and peppers with toasted sourdough

Allergens: Gluten

## Wulf Breakfast

£15.95

Toasted sourdough bread with scrambled tofu, mushrooms, beans, tomato, vegan sausage and hash browns

Allergens: Gluten, Soy, Sulphites

## Prosecco

£8.25

## Mimosa

£9.95

## Bloody mary

£10.95

## Wraps

### Tex Mex Wrap

£7.95

Black beans, avocado, sweet corn, baby gem, datterini tomatoes, red onion, red pepper in a coriander cashew cream dressing.

Allergens: Soya, Gluten, Nuts

### Tempeh Wrap

£8.95

Tempeh, sticky sauce, spinach, tomato and spring onion

Allergens: Gluten, Celery, Sesame, Soy

## Sides

### Avocado

£4.50

### Bread with Olive oil & Balsamic

£4.95

Allergens: Gluten (LG Optional)

### Kimchi Allergens: Soya

£5.95

## Pastries & Cakes

Chocolate Cookie (Gluten, Soy)

£2.95

Plain Croissant (Gluten, Soy)

£2.95

Chocolate Croissant (Gluten, Soy, Nuts)

£3.50

Pecan Danish (Gluten, Soy, Nuts)

£3.50

Brownie (GF) (Sesame, Soy)

£5.50

Strawberry Vanilla Cupcake (Gluten, Soy)

£5.99

Banana Maple Pecan (Gluten, Soy)

£5.99

Apple & Cinnamon Muffin (Gluten, Soy, Nuts)

£5.99

Carrot Cake (Gluten, Soy, Nuts)

£6.95

Red Velvet (Gluten, Soy, Nuts)

£6.95

Choc Salted Caramel Cake (Gluten, Soy, Nuts)

£6.95

## Juices

Tomato Juice

£5.25

Apple Juice

£5.25

Orange juice

£5.25

Cranberry juice

£5.25

### Berry Boost

Strawberry, Apple, Lemon, Mint

£5.75

### Clean Carrot

Carrot, Orange, Apple, Ginger

£5.75

### Super Ginger

Ginger, Apple, Lemon

£5.75

### Banana Oat Milkshake

Banana, Mango, Oat milk

£6.25

### Berry Smoothie / Green Smoothie

£6.25

Blueberry

Banana

Raspberry

Avocado

Strawberry

Mango

Banana

Apple

Lime

Lemon

Coconut Milk

Spinach

## Coffees & Teas

Single espresso

£2.70

Double espresso

£3.30

Americano

£2.90

Macchiato

£2.95

Double macchiato

£3.50

Cortado

£3.50

Latte

£3.80

Chai latte

£4.25

Turmeric latte

£4.25

Cappuccino

£3.80

Flat white

£3.80

Hot chocolate

£4.00

Matcha latte

£4.50

Mocha

£4.40

Iced americano

£3.25

Iced latte

£4.50

Iced mocha

£4.95

Caramel syrup

£0.75

Vanilla syrup

£0.75

English breakfast

£3.85

Jasmine

\*

Organic green tea

\*

Blackcurrant hibiscus

\*

Peppermint

\*

Camomile

\*

Earl grey

\*

Matcha green tea

£4.25

Please let us know about any dietary requirements and we'd be happy to help. As our dishes are prepared in a kitchen where gluten, nuts products are present, there might be some cross contamination. A discretionary service charge of 12% will be applied to your bill.